|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **1** | **1-O** | **2** | **3** | **4** | **5** | **5-O** | **6** | **6-0** | **7** | **8** | **8-O** | **9** | **9-O** |
| 1: lying | 27187 | - | 23430 | 22044 | 23047 | 23699 | - | 23340 | - | 25611 | 24165 | - | - | - |
| 2: sitting | 23480 | - | 22345 | 28761 | 25492 | 26864 | - | 23041 | - | 12282 | 22923 | - | - | - |
| 3: standing | 21717 | - | 25576 | 20533 | 24706 | 22132 | - | 24356 | - | 25751 | 25160 | - | - | - |
| 4: walking | 22253 | - | 32533 | 29036 | 31932 | 32033 | - | 25721 | - | 33720 | 31533 | - | - | - |
| 5: running | 21265 | - | 9238 | - | 1 | 24646 | - | 22825 | - | 3692 | 16532 | - | - | - |
| 6: cycling | 23575 | - | 25108 | - | 22699 | 24577 | - | 20486 | - | 22680 | 25475 | - | - | - |
| 7: nordic walking | 20265 | - | 29739 | - | 27533 | 26271 | - | 26686 | - | 28725 | 28888 | - | - | - |
| 9: watching tv | - | 83646 | - | - | - | - | - | - | - | - | - | - | - | - |
| 10: computer work | - | - | - | - | - | - | 110883 | - | 61777 | - | - | 68725 | - | 68550 |
| 11: car driving | - | 54519 | - | - | - | - | - | - | - | - | - | - | - | - |
| 12: ascending stairs | 15890 | - | 17342 | 10389 | 16694 | 14281 | - | 13291 | - | 17646 | 11683 | - | - | - |
| 13: descending stairs | 14899 | - | 15213 | 15275 | 14285 | 12727 | - | 11272 | - | 11618 | 9655 | - | - | - |
| 16: vacuum cleaning | 22941 | - | 20683 | 20325 | 20037 | 24445 | - | 21078 | - | 21552 | 24292 | - | - | - |
| 17: ironing | 23573 | - | 28880 | 27975 | 24995 | 33034 | - | 37744 | - | 29499 | 32990 | - | - | - |
| 18: folding laundry | - | 27114 | - | - | - | - |  | - | 21786 | - | 23650 | - | - | 27328 |
| 19: house cleaning | - | 54089 | - | - | - | - | 28488 | - | 28714 | - | 41691 | - | - | 34206 |
| 20: playing soccer | - | - | - | - | - | - | - | - | - | - | 18126 | - | - | 28789 |
| 24: rope jumping | 12912 | - | 13262 | - | - | 7733 | - | 256 | - | - | 8806 | - | 6391 | - |
| 0 : Others | 126459 | 99983 | 183650 | 78494 | 98154 | 102340 | 15401 | 111720 | 17685 | 80822 | 145928 | 28219 | 2085 | 34598 |